

How to find us

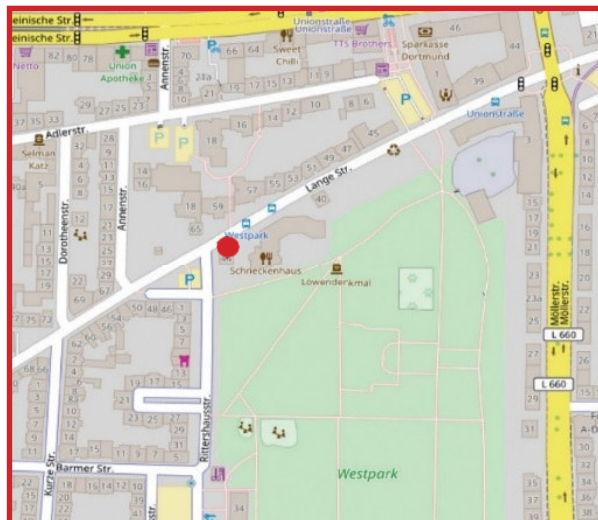
By public transport:

Approx. 15-minute walk from Dortmund Hauptbahnhof (main station), or:

- Take the U45 to Kampstraße and change there onto the U44 to Unionstraße (six-minute walk)
- The 452 bus to Westpark (one-minute walk)

Travelling by car:

- Take the B1, leave at the exit WDR, then Wittekindstraße, Lindemannstraße, Möllerstraße. There is free parking in the surrounding area.



Map generated from OpenStreetMap data

Contact details

PSZ

Psychosoziales Zentrum für
Flüchtlinge (Psychosocial Centre
for Refugees)

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Tel.: 0231 880 881 - 14

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Internet: www.awo-dortmund.de

We can only accept registrations during our telephone registration hours, Mondays from 9.00am to 12.00 noon.



Arbeiterwohlfahrt
Unterbezirk
Dortmund

WITH THE SUPPORT OF THE STATE OF NRW
AND THE CITY OF DORTMUND

Ministry for Children, Family,
Refugees and Integration of the
State of North Rhine-Westphalia



Arbeiterwohlfahrt
Unterbezirk
Dortmund

PSZ

Psychosocial Centre for Refugees Dortmund

Who we are

PSZ Dortmund aims to improve the situation of refugees in Dortmund and the surrounding area who are suffering from psychological problems.

Our multi-disciplinary team combines psychotherapeutic and social-work skills as well as a particular awareness of the specific individual linguistic and cultural needs of our clients.

One of the main focuses of our work is on providing direct care for refugees who are suffering from post-traumatic stress disorders or other psychological disorders. Our services are especially intended for people who find it difficult to access the regular care system.

We also support specialists and volunteers who work with refugees suffering from psychological problems by holding courses and providing consultation.

It is our long-term goal to contribute to and expand a well-connected system of support and lively point of exchange for refugees in Dortmund who are suffering from psychological problems.

Our services

For refugees suffering from psychological problems

Services can be provided with the help of interpreters and cultural mediators where necessary.

- Short-term and crisis interventions
- Diagnostics and statements of needs
- Psychological opinions
- Advice in social and legal residency matters
- Where applicable, further therapeutic services or referrals to practice-based colleagues or other advice centres

For stakeholders working with refugees who suffer from psychological problems

(e.g. specialists, teachers, volunteers, employees in the refugee aid sector, practice-based doctors and psychotherapists, interpreters)

- Courses on refugees suffering from post-traumatic stress disorders
- Case conferences for specialists from the social sector/education sector
- Peer consulting and advice for practice-based psychotherapists
- Individual consultation upon request

Our services are generally provided free of charge. Please note that there may be waiting times involved due to high demand.

Our team



Psychological service

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Administration

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